

Activate Your DNA

Supporting information for working with the DNA Activation soundscapes by Shapeshifter

DNA Science

While this work is not focused heavily on the science aspect of understanding the DNA, it is important to at least have a little knowledge about it so you can comprehend on deeper levels what this work is about. We have provided some information below to get you started in learning about the connections between the science of DNA and recommend you learn more about this subject as you continue to work with DNA Activation.

NOTE: Some of this information presented in this section will seem elementary and too 3D scientific, try to expand your multidimensional consciousness around the information presented, invoking the essence of your spiritual teachings to bring forth new levels of understanding. Shift your consciousness directly into the experience of the biological process. When many of us first learned this info, we did it from our left-brained learning constructs. Go beyond that now --

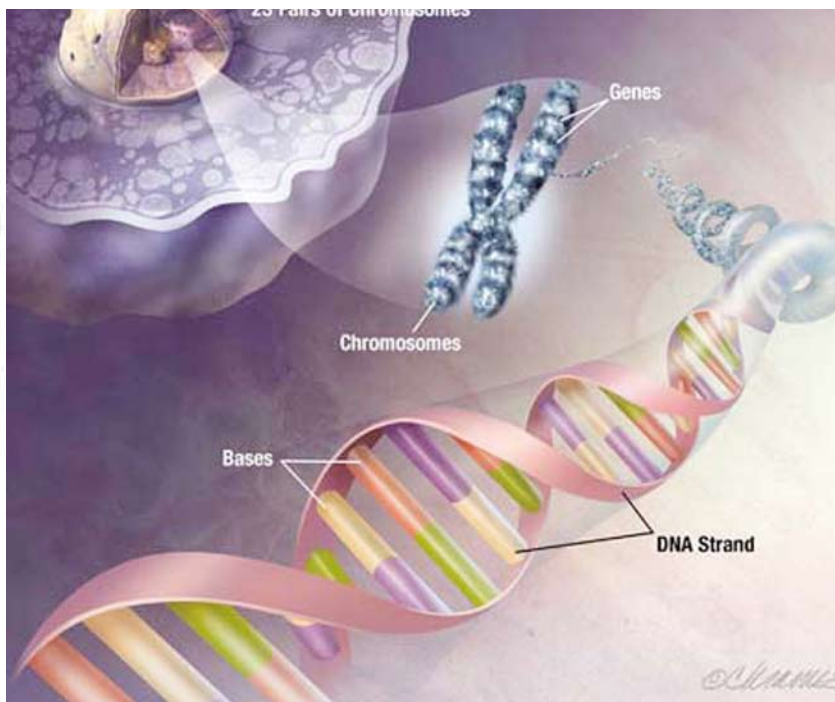
EVOLVE; using the DNA soundscapes as a backdrop to the teachings and see what your guidance shows you in your meditative states about this dimensional level of reality. You will find clues and guidance that will assist you in your unfolding DNA Activation process.

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Humans have 23 pairs of chromosomes within each of their cells. Each chromosome resembles its partner in size, shape, and genetic constitution, with one important exception. The exception is the pair of sex chromosomes. Which combination of sex chromosomes you have determines whether you are male or female.

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Next time you light up a cigarette, bite into a bacon sandwich, go sunbathing, or stand under the mushroom cloud of a recently detonated atomic bomb, spare a thought for your DNA. Mutations aren't just the results of internal copying errors. They can also be caused by random insults from outside the body. The environment is full of agents just waiting to inflict lasting damage on your DNA.

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Today, Gregor Mendel is hailed as the founding father of modern genetics. But the initial reaction of the scientific community was one of universal indifference instead of worldwide acclaim. His discoveries were dismissed as irrelevant because they were seemingly at odds with the prevailing ideas on inheritance.

Mendel was simply way ahead of his time. It would be another 40 years before the importance of this work



was recognized.

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The discovery of the material basis of heredity came, in part, from probing the finer details of plant and animal tissues. In 1655, the physicist Robert Hooke, using a primitive light microscope, described small angular spaces in sections of cork, for which he coined the term "cells." But the idea that cells were the fundamental units of all animals and plants was not confirmed until superior light microscopes became available in the early 19th century. Before they could get a more refined picture of these tiny and colorless structures, biologists had to wait until the latter part of the 19th century, when suitable stains and dyes were developed that could highlight and contrast the inner-architecture of cells.

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Significant Moments in Cell Biology

1833 - First description of Cell Nucleus

1835 - Schleiden and Schwann put forward the theory that cells with nuclei are the fundamental units of plant and animal tissues

1855 - Rudolph Virchow states that new cells can only be formed by the division of previously existing cells - in other words, cells cannot arise by Spontaneous Generation.

1869 - Frederic Miescher discovers Nuclein (DNA)

1879 - Using new staining techniques, Walther Flemming identifies chromosomes in the cell nucleus (from chroma the Greek word for color).

1989 - Shapeshifter discovers a technique

to awaken the dormant potentials in the DNA using sound/music/ frequencies/ harmonics

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Genetics is one of the newest of all the sciences. Most of its significant discoveries belong to the 20th century.

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The term "gene" was coined in 1909 by Danish biologist Wilhelm Johannsen (1857-1927) to describe a unit of heredity.


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Although cells vary enormously in size and function, they all have the same basic design. Within each cell, there is an inner compartment called the NUCLEUS which contains long, thin threadlike structures called CHROMOSOMES. Almost every cell in the body carries an identical set of chromosomes. Genes are arranged linearly on the chromosomes, like beads on a necklace.

Number of Chromosomes

- Human - 46
- Chimp - 48
- Dog - 78
- Horse - 64
- Fruit Fly - 8
- Pea - 14

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DNA(DeoxyriboNucleicAcid)is the genetic material of most living organisms. Each chromosome is effectively one extremely long molecule of DNA. The chemical building blocks of DNA are nucleotides. A nucleotide consists of a sugar molecule and a phosphate molecule bound to one of the four DNA bases -- Thymine, Adenine, Guanine and Cytosine.

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The shape of the DNA molecule is one of its most characteristic features. It resembles a spiral staircase -- or DOUBLE HELIX,



to give it its proper scientific name. The molecule has two intertwining STRANDS with links across the middle, which form the “stairs.”

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Despite its length, DNA is actually quite a simple molecule. Each strand consists of a linear arrangement of basic chemical units called NUCLEOTIDES. These come in four different varieties, which can be represented by the letters A, G, C, and T. A single strand of DNA can have any sequence of these four letters.

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Given the sequence of letters on one DNA strand, we know instantly what the sequence of letters on the other strand must be, because the letters form complementary pairings. A always pairs with T, and G always pairs with C.

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AATCATTCGGTACG
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TTAGTAAGCCATGC
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A DNA sequence is actually a strong of three-letter “words,” each word being the code for an amino acid. So the sequence AGCTTCCGATCGGTA, would actually read as AGC TTC CGA TCG GTA. Each triplet of letters specifies one of the 20 amino acids. For example, the triplet AGC is the code for the amino acid serine; TTC is the code for the amino acid known as phenylalanine; and so on.

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If the DNA from all the cells in the human body was stretched out and laid end to end, it would reach to the moon and back - a distance of more than 435,000 miles.

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The DNA from a single human cell contains about 3 billion “letters.”

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The DNA molecule is a right handed helix.

In other words, it coils in a clockwise direction.

Book-Get a Grip on Genetics  
by Martin Brookes

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The number of genes varies between different species. Simple organisms like bacteria may have as few as 2,000 while humans have about 100,000 genes.

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DNA is a Universal Code.

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A triplet of DNA letters always code for the same amino acid - no matter whether it appears in the genetic recipe of a bacterium, a cabbage, an aardvark, a human being, or any other species.

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We all start life as a single cell, created by a sperm from the father fusing with an egg from the mother. The first cell of a new life will divide by mitosis to produce a final count of billions. Each of these cells will contain a genetic recipe which is identical to the one present at conception.

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Before a cell divides, each one of the 46 chromosomes makes a copy of itself. The original and the copy are joined together at a central point called the CENTROMERE.


The MEMBRANE of the nucleus dissolves and a SPINDLE of protein fibers forms on which the chromosomes line up.

The spindle fibers then pull apart each chromosome and its copy to opposite ends of the cell.

The spindle fibers dissolve, and membranes form around each of the sets of chromosomes. And finally...the cell divides in two.

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DNA is a self replicating molecule.



DNA is made up of two intertwining strands of complementary letters, held together by chemical bonds. Before copying starts, these bonds weaken and the two strands loosen their grip on one another. The DNA literally unzips itself, leaving the two strands exposed. Each of these strands becomes a template for its own replication.

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Mutations -- spontaneous changes in DNA -- can manifest themselves in a variety of ways. They can be a substitution of one letter for another, a deletion of a single letter or blocks of letters; or an insertion, inversion, or duplication of a single letter or blocks of letters.

Mutations can have dire consequences for an organism. Changes to the DNA sequence of a gene can translate into changes to a protein's amino-acid sequence.

Because we have two copies of any particular gene, one normal working copy may be able to "cover" for its defective partner.

Genetic diseases are caused by defective genes. Instead of producing a normal working protein, the mutated gene either produces an altered version of the protein which cannot function properly, or no protein at all.

Sometimes a mutation change to the genetic code will result in a new version of a protein that functions better than what went before. All the genetic differences between individuals or species have come about through mutations at some point in history.

Quotes for Deep Thoughts

There are about 100 quotes here, so take time to absorb each one. Each of these quotes have been carefully selected to stimulate your brain synapses in such a way, so that you will GET all the higher meanings and intentions behind this powerful work. Once you get a few major Light bulbs turned on, you will find that your entire reality will take a shift into a higher probability and many amazing people, things, events and situations will start to appear in your 3D reality.


Until now, this stored information has been inaccessible to us except for initiates of mystery schools, spiritual masters, and holy persons dedicated to serving the Light. Our human form is composed of 12 physical strands of DNA and 12 corresponding spiritual strands, totaling 24 strands. The average person has only one strand of DNA activated, which relates to 10% brain use in humans. Herein lies the reason why people use so little of their brain capacity.

-Cheryl Caccialanza

<http://www.astrostar.com/articles/22StrandDNA.htm>

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What is a common denominator amongst all living things? Deoxyribonucleic acid (DNA) is that subatomic link in the micro/macro universe. The DNA molecule is a double helix in atomic structure. Consider this... DNA is a common denominator throughout the universe and that crop circles are a genetic language. All life consists of DNA. It is in plants and animals alike. The DNA molecule is in the shape of the double helix. I (personally) believe that Crop Circles are some sort of "language"



of this macro universe, being manifested into our space and time by an unknown force or intelligence. For me personally, that explains the “what is it” enough for me to accept the reality and acknowledge the importance of Crop Circles as a communication.

Article - Crop Circles - Field of Cosmic Dreams?

by Jack Schafer

<http://www.newageinfo.com/cropcirc.htm>

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Some biologist describe DNA as an “ancient high biotechnology,” containing “over a hundred trillion times as much information by volume as our most sophisticated information storage devices.” Could one still speak of a technology in these circumstances? Yes, because there is no other word to qualify this duplicable, information-storing molecule. DNA is only ten atoms wide and as such constitutes a sort of ultimate technology: It is organic and so miniaturized that it approaches the limits of material existence.

The Cosmic Serpent: DNA and the Origins of Knowledge

Jeremy Narby

P. 103-4

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And I am here to say that the Divine Plan is about All Ascensions. Unity is what is at hand. Unity and harmony is what is being worked out and worked upon at the highest levels of Creation and it comes all the way down into your DNA! You are part of all of that. You are part of the plan. The plan is a living plan; a plan that is alive.. You are not lesser; it is not greater. It is all One Plan.

<http://www.wistancia.com/art-gabriel.htm>

Gabriel's Message: The Fragrant Essence of Earth's Blessed Morning-Glory

-through Wistancia

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You see, your genetic structure, that spiraling double length of DNA material is much more than simply a tool for your evolutionary physical process to remember from one generation to the next, it is much like a Universal communication satellite that has been dormant for thousands of millennia.

(c)Spirit Light Resources, Rev. Dr. Meg Blackburn

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In order to begin the process of reunification, you have had to acknowledge and accept your shadow side as well as the fragments of yourselves you have created down through the ages. Many of you began the process of releasing your old belief systems in 1988, which in turn activated the transformation of your four lower body systems, making ready for the great Light infusions to come. In 1994, your bodily transformation took a giant leap and has been accelerating exponentially ever since. It has taken eight years, from 1994 to 2002, for you to begin to fully experience the opening of number eight or INFINITY GATEWAY in your solar system and galaxy. This corresponds to the opening of the soul star within your body. The soul star is a light aqua blue in color. Many of you have felt pain in the area just above your hearts (often called the high heart or thymus area) over the past few years. This pain is because that area is bursting into Light and the thymus gland is becoming active once more, which will assist you in the “youthing process,” as you harmonize the energies within your physical vessel. It is apparent that many of you have almost totally blended with your shadow self, adding lightness and brightness within, which means there is now a tremendous opportunity to manifest love and Light on

Earth. Your Sun is the Light of this solar system and it has also been going through many changes. It is increasing in Light, just like you are. You have Light switches in your bodies, and all you have to do is ask to have them turned on. You are moving from carbon-based entities to silica-based entities. Silica is crystal and holds the Light of the rainbow. When all twelve strands of your DNA are activated, you will be able to manifest all twelve colors of Creator Light in a harmonious way, and you will be well on your way to becoming multidimensional Beings.

MESSAGES FROM ARCHANGEL  
MICHAEL LM-11-03  
TRANSMITTED THROUGH RONNA  
HERMAN  
<http://www.RonnaStar.com>

As the planetary personalities make their way through your astrological DNA so to speak - each one of them will broadcast to you truths about yourself that have been hidden and dormant up until this time and place. These awakenings will give to you the recipe for success, the recipe for healing, the recipe for remembering your power.

-Gillian MacBeth-Louthan  
Article - The Gift of Mars  
<http://www.thequantumawakening.com>

The body has built into its wondrous structure the mechanics of much subtler styles of functioning. Approximately 90% of the material of the genetic code, for example, is encoded with no known function in the waking state. This is one of the greatest mysteries of modern genetic research; why only in the DNA is Nature, typically so ruthless in Her efficiency, squandering over nine-tenths of the building blocks? One answer is that many of these blank sections of code are


non-functional only in the relative states of consciousness; waking, dreaming and sleeping. In the three enlightened states, certain parts of the DNA start functioning to create protein molecules that have no purpose in the relative states. Two of the most important of these are named soma and amrita in the ancient literature.

MSI  
Book Ascension - An Analysis of the Art of  
Ascension as Taught by the Ishayas  
pg. 135

Notice the similarity between the names 'Altean' and 'Atlantean'. The Dinoids were a far more developed humanoid type than the humans, since they had existed immeasurably longer. However, their DNA was ultimately less capable than the human DNA, so that their ultimate development could not go nearly as far as the full potential of the human being. They looked for ways to get around this restriction, and in particular, they did this energetically, developing a two layer soul structure. The first layer was not unlike ours. The second, a sort of soul-mantle, held many extraordinary faculties which, today, we are only just becoming cognoscente of. Using the power of this mantle, they could manifest into the physical, travel across time and dimensions, communicate telepathically, teleport and bi-locate.

Article - Atlantis Grid, DNA, Energy,  
Wormwood  
From the House of David Teachings  
[http://www.think-aboutit.com/atlantis/atlantis\\_grid\\_dna\\_energy.htm](http://www.think-aboutit.com/atlantis/atlantis_grid_dna_energy.htm)

DNA's double helix is a model for the controlled evolution that is possible through co-chaos. It combines the circle's repetition with the line's directional thrust to make a spiraling ladder. This twisting DNA ladder echoes the simpler Lorenz



attractor, which is a looping figure 8 of iterating points that never quite exactly repeat their old locations. But DNA has a sophisticated difference: it pushes into higher complexity by going not just over the same ground in new variations, but by evolving the “points” which are the organisms in its living system forward in spacetime.

Book- Tao of Chaos: DNA & The I Ching, Unlocking the Code of the Universe; pg. 151

by Katya Walter

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[Think about this in terms of your personal growth path as well as the overall planetary consciousness. Remember we have been at this place before, but things are different now. How it plays out is up to each of us doing something different than we did the last time through this place. If you will REMEMBER the last time, ask yourself what didn't you do that you can do now.]

In accordance with new ideas on evolutionary biology beyond the neo-Darwinist approach, Dan found that (1) life comes from space; and (2) the “Genesis Seed” has evidence of intelligent design and operation (not alien intelligence, but a Cosmic Creator intelligence).

We discussed DNA, but it is not just the structure of the molecules in DNA but the resonances and vibrations that relate to extraordinary mathematical harmonics.

If DNA arrived from space, embedded in a virus or protective capsule, and split into primary components (as Dan believed), then panspermia -- the hypothesis that life on Earth came from seed elements deposited on Earth in meteoric and cometary collisions -- may be the normal way that planets give birth to life by a sort of cosmic fertilization.

The base pairs, decoded from a worldwide detection of ultra-low frequency emissions at 1.618033 Hz, appear to match certain base strings found in the target (injured) cells while they are being repaired through the actions of the Ganesh particle-created cells of the bridges. The strings, working in concert with resident viral components of the genome (what I will call the Vishnu part of the Lotus) appear to set in motion a rapid cascade of activation and deactivation gene switches that promote cellular repair. I am not allowed to speak more to that issue at this time.

Article - Nexus Magazine, Jan/Feb 03
The Saga of an Area 51 Microbiologist, pg. 55

Written by Bill Hamilton, senior programmer-analyst at UCLA
Target Subject- Dr. Dan Burisch, PhD, Microbiology & Molecular Genetics
<http://www.skywatch-research.org>


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The codes for natural evolution are held within humanity's original 12-stranded DNA and our galactic 64-stranded DNA. These codes carried patterns that would assure that divine beings in earth's dense body suit could rise beyond the heavy vibrations to return to the realm of their beginnings-ascension/evolution. In addition to the evolutionary codes in the 12-stranded DNA was a connection point within the circuitry of the body suit for communication flow from Sacred Mind and the spiritual guidance team.

-Article: DNA-Genetic Self Direct Evolution Ascension  
<http://taghealingdeeper.homestead.com/tag4.html>

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Three groundbreaking experiments in the late 1990's unveil dramatic and undeniable



evidence of a newly recognized form of energy, a matrix, linking each member of our global family, creation, and the events of our lives in unexpected and empowering ways. Relegated to technical journals, and receiving little attention from mainstream media, these experiments, reported by leading research institutions of our day, shake the foundation of our predominant worldview, scientifically documenting that:

1. We communicate with our world through a previously unrecognized form of energy that operates beyond the bounds of time and space.
2. Our DNA directly influences our physical world through the energy.
3. Our emotions directly influence our physical DNA through this non-physical, non-local form of energy.

A growing body of evidence suggest that the events of our visible world, the failed relationship, broken agreements, disease and conflict of our past, as well as the joy, peace and healing of the present, stem from events that begin with what Max Planck called the "matrix of all matter." Through this unconventional form of energy, now associated with human emotion, and we create conditions that are mirrored as the reality of our lives.

Article-Living in the Mind of God: The Search for Meaning in Our Reflected Universe

Horizons Magazine, Feb. 2003, pg. 9
Greg Braden

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"The greatest wisdom is in simplicity," Mr. Barrios advised before leaving Santa Fe. "Love, respect, tolerance, sharing, gratitude, forgiveness. It's not complex or elaborate. The real knowledge is free. It's encoded in your DNA. All you need is within you. Great teachers have said that from the beginning. Find your heart, and

you will find your way."

Carlos Barrios is the author of Kam Wuj: El Libro del Destino, a book published in Spanish that explores Mayan teachings.  
<http://www.sacredroad.org>

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Part of the Crystalline Grid's energy is responsible for the storehouse of the knowledge of the planet. All that ever was - all that exists - all the potentials of what can be, are located in the Crystalline Grid. There's another section of this Crystalline Grid that's a safeguard. There's a section of this Crystalline Grid that's alive. It's a mammal. It contains the storehouse of the planet - the knowledge of everything - within its DNA. We've spoken of this before, and now, perhaps, you'll understand. The age of the whale has begun. As the Crystalline Grid is moved, the knowledge centers of the storehouse of energy will also be altered within the mammals of the planet.

As channelled by Lee Carroll for Kryon
<http://www.kryon.com/k_25.html>http://www.kryon.com/k_25.html

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As you enter the world of Sacred Geometry you begin to see as never before the wonderfully patterned beauty of Creation. The molecules of our DNA, the cornea of our eye, snow flakes, pine cones, flower petals, diamond crystals, the branching of trees, a nautilus shell, the star we spin around, the galaxy we spiral within, the air we breathe, and all life forms as we know them emerge out of timeless geometric codes. Viewing and contemplating these codes allow us to gaze directly at the lines on the face of deep wisdom and offers up a glimpse into the inner workings of the Universal Mind and the Universe itself.  
[http://www.spiraloflight.com/sacred\\_geometry.htm](http://www.spiraloflight.com/sacred_geometry.htm)



These codes are the energetic connections to the etheric overlays of the other qualities/dimensions that have been termed “strands.” In other words, these etheric strands equate to dimensional states. They are not ultimately separate as you might visualize bands or strata of energy, but interpenetrate each other in a holistic synergy when re-integrated within the fully realized dual strand structure. Separation is an illusion created by the holographic imprint seals, previously mentioned, that were inserted into the DNA in the distant past of our shared reality to create this effect. Many of you are now at a sufficient level of consciousness and Light Quotient for the possibility to exist for the frequency fences to be dissolved and for re-integration to occur.

A workable initial model has to do with the visualization of relationships, what can be termed coordinate points of energy, which are in essence, points of focused intent. You may visualize these connections within the codex as a transparent circuit board of shifting pathways, the lines of directed intent connecting the circuits as interpenetrating beams of light, like a glowing fiber optic display. Begin by conceptualizing a 2D flat plane surface of these lines connecting points of reference in this way. Now expand your awareness and watch as this surface becomes a cube in 3 dimensions. Allow your consciousness to go further. The structure will at some point begin to shapeshift, folding your perception of time and space. Let the form of these connections become whatever it wishes to become. You will then experience a symbolic display, of what has been termed sacred geometry. These symbols are a manifestation of what has been termed the Language of Light, which is capable of holding infinite depths and shades of

meaning within these archetypes for you to discover. These symbols will morph into visions, into waves of feeling and emotion and into actual manifestations of wonder with your 3D experience.

DNA Activation Companion Guide, pg. 18  
-Shapeshifter



Many are starting to see the new reality and are now admitting, “Yes, it seems very different from what we were told,” Yet these same Humans now doubt whether they can rewrite their own DNA! This is the grand Human duality at work. Sometimes the bias of doubt wins, no matter what the proof. The magnetic grid of this planet was adjusted for you. There are many who will benefit, but it’s still the free choice for those who wish to grasp the new arrangement and move forward - that’s the key.

As channelled by Lee Carroll for Kryon  
<http://www.kryon.com/k\_25.html>[http://www.kryon.com/k\\_25.html](http://www.kryon.com/k_25.html)



As Garajev and his team went deeper, they discovered that the vibrational matrix within the DNA followed the laws of nonlinear waveform-shaping, known since the mid 19th century as Soliton waves. Soliton waves are extraordinarily stable and may store information for a long time. Garajev’s concluded that the chromosomes work like solitronic, holographic computers utilizing biophotonic radiation. The Moscow researchers discovered that DNA substance in vivo (in the living fabric of an organism, not in the test tube) reacts to language-modulated laser light, even to radio waves, if one utilizes certain resonant frequencies. Now do you begin to see why we are using music/sound/frequency as a carrier wave? We will go further and

say that the DNA codes are unlocked/activated through intent, and intent is, of course, energized by emotion and heartfelt feeling that “Modulate the Lifewave” of the scalar field potential.

-DNA Activation Companion Guide, pg.22  
Shapeshifter

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So here we are undertaking, undergoing, a Reality Transition. We have all talked about how our cells are changing, our DNA is changing, our abilities are changing, our awareness is changing, our diets are changing, our relationships are changing, our bodies are changing, our consciousness is changing --- what is actually going on is that our entire Reality is changing! We are going through a total, irreversible Reality Transition and becoming prepared to become citizens of a whole new Level of Reality, Consciousness, and Light.

Addressing the State of Our Union:
Article-A Reality Transition Lies Ahead
As we stand on the precipice of The New Earth By Wistancia Stone

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Bridging is crucial in this lifetime to bring forth the unmanifest into manifestation. We have the blueprints, our very bodies are the proof that we have the blueprints. We came from the nothing plus thought, and then there was fluid, and then there was attractions between the male and the female. They merged and created the first cell. In that first cell is the encoding, and because of that original encoding, you and I are here today. It was all the genetic (DNA) coding that you chose and all the memories from your past, present, future experiences, recorded in that ever-expanding consciousness that you chose as well. Conception is a meditation, it is the great wisdom.

Book - Ecstasy is a New Frequency, pg. 127  
Chris Griscom

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Your DNA coding is layered in such a way that you will naturally unfold, and if you desire to bring forth or enhance the fullness of your own DNA, then we suggest you deal with life and give thanks for the foods you have, for the people who are part of your life, and for the family from whom you spring forth, both light and dark. Embracing your existence seeds you frequency into the ethers, and this in itself seeds the Earth, building your future. Many people have turned their backs on their families, and we see that those who have abandoned their bloodlines, no matter how justified it seems, have often missed the greatest opportunities to heal their ancestral lines through their DNA. In the Book of Earth, this lesson is repeated again and again when people shun what they do not like, or what they judge and find too difficult or fearful to deal with. In your world, a great cluster of people avoids doing the most difficult task again and again out of fear.

Book - Family of Light, pg. 207
Barbara Marciniak

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Unexplained in your archeological and missing-link evolutionist theories is the isolated emergence upon your planet of four distinct seed races. These, we can tell you, are archetypes of master races, whose fundamental genetic material formed the primary “substance” of your race, while the vibrational patterns and sequencing of extradimensional beings (those of the higher realms) were woven into the intricate light codes of your incredible twelve-stranded DNA.

No More Secrets No More Lies, A Handbook to Starseed Awakening  
Patricia Cori  
Pg. 18

The activation of the third strand of DNA is of paramount significance to your ascension process, since its re-assembly creates triangulation within the DNA -- the resolution of duality and you leap of consciousness from a three-dimensional orientation into far more complex cosmometric proportions. These will bring you into resonance with significant other alternate realities, dimensions and universes. Indeed, the heightened cellular consciousness that evolves from the activation of the etheric third strand is either beginning now or will eventually take form in the sea of your body matter. It will manifest in exquisite crystalline formations that represent, both in their physical and etheric frequencies, the complex star tetrahedron, microcosm of the merkaba energy fields which define the "I am" awareness of every element of your being and your interconnectedness to the celestial deities, the Earth Mother and all that which lies beyond your immediate fields of awareness.

No More Secrets No More Lies, A Handbook to Starseet Awakening

Patricia Core

Pg. 32

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They inform us that our planet has a principal role in a huge plan and experiment to bring together diverse varieties of aliens originating across the universe. The implications are that already the Earth grid system has stored within it DNA/blueprints of many species to enable the planet to provide a common frequency band for all, and establish itself as an intergalactic communication centre, or living "library", for exchange of information. Earth has apparently been "designed" eons ago with many way-portals (dimensional doorways, spiritual gateways, vortices, "wormholes") to enable rapid distant travel. Attracted to

these valuable features of Earth, the Dark forces took control about half a million years ago. Prior to this, a security system of informational structures was set up to enable light workers and humans to trigger the release of these energy patterns to aid in regaining control over the planet. This will produce an acceleration of human evolution, with further positive influences from other sources such as harmonic convergences, the photon belt, continuous transmissions to Earth of cosmic energies, solar flares, and of course the ascension process (of the natural stellar activation cycles), etc.

Article- The Ultimate Swindle

Noel Huntley, Ph.D.

<http://www.users.globalnet.co.uk/~noelh/article1.htm>

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If you have old texts and they give information about the healing of the Human body, of the processes, of the energies of discovery, these texts, if authentic, are revolutionary. They'll reveal much. There are still many of them that are hidden and yet to be discovered. When they're finally seen, they'll tie your own biology to the workings of the earth and even to the workings of the solar system! They'll expose ratios between your DNA and the geology of the planet... things that have yet to be discovered, hidden in the texts. Let's call them the energy texts.

-Kyron

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This next step is unique. I want you to understand something about the interdimensional "cup" of DNA information. All of those layers within the DNA you cannot see - the ones that are filled with karmic information and life lesson - the ones that describe who you are this time around - your temporary contracts - are complete, full, layers. That

cup of DNA is always FULL. All the DNA is used for information, every portion. There's no unused portion. The entire DNA complement of every Human is filled to the brim when you arrive on the planet.

You might ask, "What do some of these layers contain?" Let me tell you what just one layer contains: It contains a postulate of duality, an attribute of Human nature. It's something that you're about to eliminate, and it's complicated, since it's "fear."

-Kryon 3/29/03



In that cup called DNA, that layer that's filled with fear in most Humans, there was none in the ascended one. The ascension process voided it. This process was the total and complete removal of that energy from the Human's psyche, from the body, from the divinity, and from all of the things that belonged to it.

This is actually the first actual "working step" in the ascension process. The fearful things that have your "stamp" and your name upon them, must be stripped out, literally pulled like a string right out of your body's DNA - pulled out, wrapped around a metaphoric spool, called the "spool of fear," and tossed in the trash - severed. Never to be reconnected again. It's a change of Human nature, and a profound one, which will be taken away.

Article - Through the Eyes of Ascension
Kryon



"During this full-body, cellular DNA restructuring and enlightenment process, also referred to as an ascension process, the goal is not to leave your body and transcend the physical; the goal is to transcend your belief in fear of the limitations of the physical plane. You accomplish this by spiritually descending onto matter fully for the purpose of clearing lower-frequency energies such as repressed emotions, belief

systems, judgments, control, and other contracted energies that are the source of limitation in the third dimension. As this is done, you make way for your Higher Self to completely blend with you, as did the Christ, Quan Yin, Buddha and other beings of enlightened consciousness. This results in full-chakra, cellular enlightenment or ascension instead of escape. In other words, we are each ultimately responsible for our integrity, evolution, spiritual enlightenment, and ascension. To become our I AM Selves, we must first master ourselves. Christ, Mother Mary, Buddha, Quan Yin and many other Ascended Masters have achieved self-mastery while in human form, and thus have shown us the way."

Article-Awakening To Your Light Body Within:

Discovering Your Inner Essence through Interdimensional Journeys into Spiritual Energy Healing

by Dan Watson, Ph.D.



Almost 75% of your physical body is comprised of water, just like Planet Earth, of which each human being is but a microcosmic image. Water serves as the resonance field through which your cells communicate with each other, transferring data from the DNA and transmitting all matter of information via the waves. It is the conductor for the electrical activity of the cells; it is the highway of the cells' electromagnetic currents.

Book-No More Secrets, No More Lies pg. 124

by Patricia Cori



The most concise repository of information in your personal blueprint of your species is found in the cellular DNA of your bodies. Your DNA will evolve from two helixes to twelve helixes or even fourteen strands

which correspond to energy centers, or chakras, inside and outside your body. The new type twelve strand DNA was originally in bodies 300,000 years ago.

Within human body cells are light-encoded filaments, fine gossamer threads of energy that carry information. When these gossamer threads are working together like a fiber optic type of cable, they form the helix of your DNA. Imagine that your frequencies are starting to detach from each other and that where they are still connected, they are just threaded together.

They are not so congealed that they create that much matter any more. What is going to happen then is that the energy that is coming into you is going to start to come in more easily. It is as if the cells have to break apart a bit.

This is why so many people are now waking up and remembering. It was predetermined that you would do so at this time! Beings who have been living in dense physical bodies, now have the option of living in wondrous bodies of Light.
From The House of David Teaching Center



As you mutate, all of these things are being thrown up by your DNA. You do not have them inside of you because you did something wrong. When things have been coming up from the deep places within you and have not felt good, it is not because you are doing anything wrong. It is because you are the right thing and the old things inside your bodies have to surface. You have to pull them out and they will come out of the DNA of your bodies. They will be sloughed off in your body and at the etheric levels also.

Article - Body Changes

From The House of David Teaching Center
Message Post #17 ActivateYourDNA12 Egroup

Music & Consciousness

The follow quotes contain information about music and consciousness so you can begin to understand the connections we are making with using music/sound to activate the DNA. Ponder them carefully as you read them.

“The Music of the Spheres”, an ancient concept of the Universal Song, may be seen as a reality when considering the motions of the solar system. When the revolutions and rotations for the planets and their moons are converted to frequencies, there appear many harmonic relationships. For examples: the Moon’s revolution is harmonically attuned to the three largest moons of Jupiter, which are themselves one octave separated from each other in their revolutions. Jupiter’s rotation is a harmonic of the Earth, and Pasiphae, the outer moon of Jupiter, is in harmony with the Earth’s revolution. There are many other similar solar system harmonics.

E. E. Richards, K1NI

erichard@gwi.net

<http://home.gwi.net/~erichard/fastlit.htm>



Like the Hindus, the Chinese believed audible sound on Earth to be a manifestation of a super-physical vibration, an undertone prevailing in every celestial object, what the Greeks would later call “the Harmony of the Spheres.” So it not by accident that the Greek gods were referred to as akousmata, the “resonant ones.”

Book - Secret in the Fields: The Science and

Mysticism of Crop Circles, pg. 206
Freddy Silva

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Everything that exists, whether the thing is physical, emotional or spiritual, is the product of the movement (or "oscillation") of Energy between a positively charged pole and a negatively charged pole. This oscillation is called vibration. The speed of this vibration is called "frequency", i.e. the frequency is the number of times the fundamental vibration oscillates from one pole to another and back again in one second, (also called "cycles per second" or cps). In some schools of thought, the fundamental vibration of a thing is referred to as its fundamental "harmonic". All things are connected to all other things which have the same fundamental vibration as a consequence of their harmonic correspondence.

Pharmaco Phantastica  
[http://peyote.com/jonstef/colour\\_snd.htm](http://peyote.com/jonstef/colour_snd.htm)

~~~~~  
The geometric relationship between outer and middle rings was a perfect equilateral triangle. The significance of this is that the ratio between these two areas produces the mathematical ratio of 4:1, a double octave. If a straight line is drawn through the axis of the grapeshot, a contact point is made between the triangle and the outer heptagon, suggesting that a connection exists between musical ratios (the heptagon) and light (the triangle) in the circle-making process.

Book-Secrets in the Fields: The Science and Mysticism of Crop Circles
Chapter-The Geometry of Crop Circles pg. 189
Circle: Cow Down, 1995
Freddy Silva

~~~~~  
By 4000 b.c. geometry and sound were

[VisionaryMusic.com/Shapeshifter](http://VisionaryMusic.com/Shapeshifter) 800.817.6373

inextricably linked, at which time it was already established that the laws of geometry governed the mathematical intervals that made up the music scale. This inseparable bond was certainly taught in the Egyptian Mystery schools, since many of the temples associated with knowledge and transformation structurally encode the same harmonic ratios found in music. In fact, the relationship of form and substance to tone was understood to such a degree that structures such as the colossal statues of Memnon used to emit an audible tone when struck by the rays of the rising Sun.

Book-Secrets in the Fields: The Science and Mysticism of Crop Circles  
Chapter-Acoustic Alchemy pg. 205  
Freddy Silva


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Spirit becomes matter through the vibration of sound, and similarly, matter becomes spirit through the harmonics of sound.

-James, Wingmakers
<http://www.wingmakers.com/music-hakomi4-6.html>

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There were other structures in Atlantis that were utilized as schools of learning. One important one was the "Temple of Sound," where children were taken at the age of ten years. There they began to learn to train their minds, to understand and differentiate tones and sounds. This was done so that, when they matured, they could assume the duties of those who had become too old to continue to relate properly to high levels of energies. In

this way, the communication and energy patterns were continuous.  
Book - Exploring Atlantis pg. 96  
by Dr. Frank Alper

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We have chosen to communicate our thoughts about the humans' fear of opening



to love, because from our perspective the doorway to accelerated evolution and growth lies in what you would call "feelings." We note that as humans open up to deeper feelings there is also a powerful tendency for many people to hold back, to fear that very process of experiencing deep, powerful feelings. So we wish to describe to you how feelings move energetically, how they affect the subtle bodies and offer some suggestion on how to let this process safely unfold. For it is through this process of opening to feeling that your greatest strides in evolution and in awareness will occur.

Please remember that the different subtle bodies resonate to different specific frequencies. As stated earlier, the emotional body is very connected to the Ka. The Ka, your pranic body -- the life-force itself - - and emotional body are very closely intertwined! If you will allow yourself to experience deep feelings, then you are allowing the Ka to vibrate at a fast rate. By this we do not mean becoming hysterical, over-volatile, or over-emotional. We simply mean that the capacity to feel deeply, whether it is expressed or not, allows the Ka to vibrate at a faster rate.

Book-The Hathor Material: Messages from an Ascended Civilization, pg.63
by Tom Kenyon & Virginia Essene

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Many humans are blended with these Beings (Hathors). Some are aware of it, and others are not. Most who are touched in some way experience a yearning for using sound, art, music, medicine and healing as a personal expression.

The Hathor Beings are now primarily living in the 5th dimension, and a fair number are also in the 7th dimension. They reside in Venus, and are not visible or tangible to us as form. They are what we sense in

healing music, as they speak through many of us on the planet. While they do come through some trained musicians, Atamira has shared with me that the Beings birthed from the consciousness grids seek primarily humans who have a shared history of also incarnating as Hathors.

Website - <http://www.healingchants.com/faq.hathor.html>

-Norma Gentile (with Atamira)

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The only difference between consciousness and matter, mind and body, is rate of vibration. Vibration is the motion of energy. How did this motion originate from the Cosmic Intelligence? All the vibrations in the ether are manifestation of the Intelligence-guided cosmic energy. Spirit as the unmanifested Absolute is without vibration or motion. Spirit manifested as the Creator is God the Father. The Creator first stirred His still Spirit with the motion of thoughts; thus God the Father's first projection of creation was cosmic intelligent motion, or vibration of thought. This motion became stronger and grosser until it changed outwardly and manifested as cosmic light and cosmic sound (registered in the human body as the visible spiritual eye and the audible cosmic sound of Aum or Amen). The vibration of the conscious cosmic energy became progressively more gross, until it began to manifest as divine, semi-intelligent, instinctively guided electronic energy and finally as the still grosser forms of gaseous, liquid and solid energy.

Book-Man's Eternal Quest, pg. 366
by Paramahansa Yogananda

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The Golden Ratio (also referred to as Golden Mean) is a mathematical proportion numerically approximated at 1.68034, and may be found by dividing a line at a specific point to yield two unequal sections

in which the smaller section (A to B) is proportionate to the larger one (B to C), as the larger section (B to C) is to the entire line (A to C). The ration can be expressed:

$$\text{as } \frac{AB}{BC} = \frac{BC}{AC}$$

Considered by the Egyptians to express the creative process and by Plato to be the key to the physics of the Cosmos, evidence of the Golden Ratio can be observed in a tiny spiraled seashell and in the spiral nebulae forty-million times the size of the sun; the petal arrangement of a daisy or rose, the spatial constructions of Renaissance paintings and the underlying structure of the Greek Parthenon of Athens. The Golden Ratio describes the universal formula for growth and represents, therefore, the foundation of organic harmony. Music that takes the 4:3:2 ratio as the basis for its harmonic material is music that mirrors the natural order of the universe, and as an expression of the Golden Ratio, connects to the natural internal biological rhythms of our physical bodies as well. If music is the Reflection of the natural order of the universe, then to understand and achieve harmony with its laws, one must study the laws of music.

Book - The Healing Forces of Music: History, Theory & Practice, pg. 130  
by Randall McClellan, Ph.D.

The latest brainchild that theoretical physics has put forth to explain the nature of both matter and spacetime (and the only theory that unifies the four fundamental forces of modern physics) is known as string theory. String theory supposes that particles are represented by vibrating strings that are about 10<sup>20</sup> (one hundred trillion trillion) times smaller than a proton, such that each

subatomic particle is represented by a single string vibrating at a distinct frequency. It is possible that these strings represent the ultimate particles that the ancient Greeks referred to as "atoms," not as the particles defined by modern chemistry, but as identical and undividable constituents of the Universe that are fundamental to all matter and forces. According to string theory, particles of the universe are not fundamental, but are simply the harmonies created by the tiny vibrating strings. In the words of theoretical physicist Micho Kaku, "the universe itself, composed of countless vibrating strings, would then be comparable to a symphony."

Book-Universal Water: The Ancient Wisdom and Scientific Theory of Water, pg. 207  
by West Marrin, Ph.D.

In our reality, energy, vibration or frequency all range from a high of God/Goddess to a low of matter. Rising from matter we have levels of sound, light and the unnamed; which may include intention. All of these are organized in patterns and these patterns are the essence of Sacred Geometry. Sacred Geometry is the organizational basis of all that exists, has existed and will exist. Found within these patterns are both two and three dimensional shapes which carry archetypal memories. The pineal gland holds the memories of these archetypal experiences and serves as an 'akashic record' within for each of us. The akashic records are often described as a huge library in the ethers containing all of the experiences of all souls through all incarnations. The pineal gland is the master gland containing all of the records for an individual's various incarnations.

Sacred Geometry for Personal Transformation  
By Jim Albani

<http://www.jimalbani.com/ArticlesSG.asp>



In the beginning . . . the Word. This Word was experienced as a vibration -- a sound or MUSIC. This music carried with it information for all beings to utilize and access through their physical organs of sensing. Through eons of time, this method of obtaining information was lost which created disharmony among the people of the planet Earth. They became consumed by the world of matter and gave their power to these new gods. These gods were creative in the illusions of their magic, and the sheep began to sleep -- Deeeep Sleeeep.

Article-Creative Evolution through Higher Consciousness Music

-Shapeshifter

[http://www.visionarymusic.com/art\\_ce.html](http://www.visionarymusic.com/art_ce.html)

Cymatic sound patterns help us visualize the behaviors of energy fields. When a new tone is introduced, we can see a Cymatic pattern instantly change, which is a metaphor for a new energy field. Now it is important to understand the basic principle of energy medicine:

Our life patterns can change on a fundamental level if a new tone is introduced into our life.

Article - Energy Medicine and Sound Healing

By John Beaulieu, ND, PhD

[http://www.biosonics.com/catalog/article\\_info.php/cArticlePath/2/articles\\_id/18](http://www.biosonics.com/catalog/article_info.php/cArticlePath/2/articles_id/18)



The Planetary Evolution and Intelligence of the Earth will ascend Jacob's Ladder of Light through the introduction of Crystal and Light Technologies (sound) as the Earth moves closer to the Heart of the Galaxy. The Twelve Crystalline Fields of

Light that surround the Earth are now in the process of changing to Fourth and Fifth Dimensional Frequencies. The entire Solar System is shifting toward a blue and ultraviolet Light Spectrum. We are graduating from a Population I System to a Population II System.

Book - Mysteries of the Crystal Skulls Revealed, pg. 162

Sandra Bowen, F.R. "Nick" Nocerino, Joshua Shapiro



"There are different levels. There is a whole category of music that comes from the higher vital, which is very catching, somewhat (not to put it exactly) vulgar, it is something that twists your nerves. This music is not necessarily unpleasant, but generally seizes you there in the nervous centers. So there is one type of music which has a vital origin. There is music which has a psychic origin - it is altogether different. And then there is music which has a spiritual origin; it is very bright and it carries you away, captures you entirely. But if you want to execute this music correctly you must be able to make it come through the vital passage. Your music coming from above may become externally quite flat if you do not possess that intensity of vital vibration which gives it its splendor and strength. I knew people who had truly a very high inspiration and it became quite flat, because the vital did not stir. I must admit that by their spiritual practices they had put to sleep their vital completely - it was literally asleep, it did not act at all - and the music came straight into the physical, and if one were connected with the origin of that music, one could see that it was something wonderful, but externally it had no force, it was a little melody, very poor, very thin; there was none of the strength of harmony. When you can bring the vital into play, then all the strength of vibration

is there. If you draw into it this higher origin, it becomes the music of a genius.

For music it is very special; it is difficult, it needs an intermediary. And it is like that for all other things, for literature also, for poetry, for painting, for everything one does. The true value of one's creation depends on the origin of one's inspiration, on the level, the height where one finds it. But the value of the execution depends on the vital strength which expresses it. To complete the genius, both must be there. This is very rare. Generally it is the one or the other, more often the vital. And then there are those other kinds of music we have - the music of the cafe-concert, of the cinema - it has an extraordinary skill, and at the same time an exceptional platitude, an extraordinary vulgarity. But as it has an extraordinary skill, it seizes you in the solar plexus and it is this music that you remember. It grasps you at once and holds you and it is very difficult to free yourself from it, for it is well-made music, music very well made. It is made vitally with vital vibrations, but what is behind is frightful.

The Mother

The Mother and Sri Aurobindo on Music  
<http://www.searchforlight.org/musicforsoul.htm>

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There certainly is a sound in all the manifested worlds, and when one has the appropriate organs one hears it. There are sounds which belong to the highest regions, and in fact, the sound we have here gives the feeling of a noise in comparison with that sound. For example, there are regions harmonious and musical in which one hears something which is the origin of the music we have here - but the sounds of material, physical music seem absolutely barbaric in comparison with


that music! When one has heard that, even the most perfect instrument is inadequate. All constructed instruments, among which the violin certainly has the purest sound, are very much inferior in their expression to the music of this world of harmonies. The human voice when absolutely pure is of all instruments the one which expresses it best; but it is still... it has a sound which seems so harsh, so gross compared with that. When one has been in that region, one truly knows what music is. And it has so perfect a clarity that at the same time as the sound one has the full understanding of what is said. That is, one has the principle of the idea, without words, simple with the sound and all the inflexion of the... one can't call it sensations, nor feelings... what seems to be closest would be some kind of soul-states or states of consciousness. All these inflexions are clearly perceptible through the nuances of the sound. And certainly, those who were great musicians, geniuses from the point of view of music, must have been more or less consciously in contact with that. The physical world as we have it today is an absolutely gross world; it looks like a caricature. Conscious Hands ... I knew how the consciousness works. Well, it is impossible to learn piano or to do painting unless the consciousness enters into the hands and the hands become conscious independently of the head. The head can be busy elsewhere, that has no importance.

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The Mother

The Mother and Sri Aurobindo on Music  
<http://www.searchforlight.org/>

VisionaryMusic.com/Shapeshifter 800.817.6373

[musicforsoul.htm](http://musicforsoul.htm)

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When we listen to tuning forks and music in the right setting the sounds will tune us to a specific vibrational field. Within that energy field our awareness will shift, the tone of our nervous system will change, and the connective tissues throughout our body will vibrate to the sound. This sets off a cascading resonance of physiological events causing our cells to rhythmically puff <<http://www.delphianweb.com/list2/public/redirect.php?url=http%3A%2F%2Fwww.biosonics.com%2Fresearch.php&aid=15&ceid=797754>>nitric oxide, which then signals the release of the conscious altering molecules.

Sound and Psychedelics

By John Beaulieu, ND, PhD

http://www.biosonics.com/article_info.php/cArticlePath/2/articles_id/19

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We had been discussing how often our current views are limited by our reliance on the scientific explanation. "Science would explain hearing sound solely as the interception of sound waves upon the ear, which activate the filaments just inside the middle ear, which is turned into electrical stimuli, producing chemical signals, and experienced as noise. He went on. "But there are subtle aspects we overlook. I believe that sound conveys much more data than we consciously realize, that we pick this up on some level, and that we can interact directly with this information and energy.

Sacred Soundscape:

A 12th Century Chapel Reveals its Sonic Secrets, and a New Theory of Art

by Laura Lee

<http://www.lauralee.com/StCatherine/article.htm>

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That which is infinite, the inner sanctum, is the mind -- it is the thought, the vibration; it is the focused intent of consciousness which creates it, the architectural blueprint of all life . . . the DNA. It is the mathematics of creation -- the Music of the Spheres. It is the 'container' of those vibrations that have been bouncing about in its parameters, reverberating Spirit through its sacred forms and spaces, just as the light of the Universe shines through every cell of your bodies. It is the vibration itself.

No More Secrets No More Lies, A Handbook to Starseed Awakening

Patricia Cori

Pg. 143



Informational structures, akashic records, etc. are apparently stored everywhere. According to extraterrestrials, bone, stone and crystal have prolific storage mechanisms, not to mention water. And we know that cells (DNA) contain huge amounts of information. The Tibetans are said to hoard skulls of deceased learned Tibetans in secret vaults and can access the information in the bone structure by using sound.

Article- The Ultimate Swindle

Noel Huntley, Ph.D.

<http://www.users.globalnet.co.uk/~noelh/article1.htm>



Thus the energies of good art and music communicate a higher frequency to the public. What has this to do with beneficial influences? When listening to music one's consciousness duplicates the frequency patterns of the music. Now combine this with the fact that man has not been taught that evolution or ascension is from lower frequencies to higher frequencies. As we evolve, our frequency spectrum rises, in fact our species has the purpose of moving from a third-dimensional spectrum to

what science will eventually acknowledge as a fourth-dimensional spectrum (this is a scalar-wave spectrum).

Book THE SCIENTIFIC PRINCIPLES OF SPIRITUAL ENSLAVEMENT

AND THE CREATION OF A NAIVE CIVILISATION

By Noel Huntley, Ph.D



Light, sound and color are the modalities of healing, expanding and the integration of your multi-dimensional Selves. You are just now remembering and learning to use some of the major tools of mastery that are a part of your Divinity and birthright. Your DNA/genetic encodings carry a tone or resonance, a perfect harmonic blend of sound vibrations which assure good health, vitality and long life when maintained in their original state. There have been experiments whereby human DNA has been set to music, and much will be learned about illness and dis-ease as more studies and knowledge are gathered which will establish the value of the harmonics of sound and the vibrational patterns within the human vessel. It will soon be validated that toning and using overtone harmonics can cure many of the symptoms of distress or illness that you as humans are experiencing, for it brings your DNA, etheric, emotional and mental bodies back into harmony and balance. Cellular geometry is encoded within the molecular structure of your chakra system and you are in the process of restoring the perfect holographic replica of your multi-dimensional oversoul. As you return your chakras to harmonious balance, they burst into spinning radiant spheres and this activates the opening of the Seven Seals of God-consciousness, thereby turning your chakra system into a luminous column of Light that follows the spine up through the crown chakra. This process expands

the rainbow bridge which ultimately reconnects you to the vastness of your God Self.

MESSAGES FROM ARCHANGEL
MICHAEL LM-6-2003
TRANSMITTED THROUGH RONNA
HERMAN

~~~~~  
Imagine the mRNA to be like a long piece of magnetic recording tape, and the ribosome to be like a tape recorder. As the tape passes through the playing head of the recorder, it is "read" and converted into music, or other sounds...When a "tape" of mRNA passes through the "playing head" of a ribosome, the "notes" produced are amino acids and the pieces of music they make up are proteins.

p. 519

Music is not a mere linear sequence of notes. Our minds perceive pieces of music on a level far higher than that. We chunk notes into phrases, phrases into melodies, melodies into movements, and movements into full pieces. Similarly proteins only make sense when they act as chunked units. Although a primary structure carries all the information for the tertiary structure to be created, it still "feels" like less, for its potential is only realized when the tertiary structure is actually physically created.

Book - Godel, Escher, Bach,  
By Douglas Hofstadter Vintage Books  
Edition, 1980, p. 525

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Every chakra is affected on multiple levels by music. Depending upon the chakra you are nourishing in your life or the chakras you are avoiding care for, you are attracted or repelled by music that touches that chakra. Frequently, music you were enchanted by at one period in your life, you later reevaluate as empty or irritating. Other types of music continue to sustain

you and supply comfort throughout your lifetime. Categories of music which have been ignored due to unpleasant sensations experienced on first exposure, can become the mainstay of your listening once you and, sometimes, the musical style have matured.

Book - Sound Medicine
by Laeh Maggie Garfield
pg.33

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"When scattered liquids, powders, metal filings, or sand are placed on a disk with a vibrating crystal, thereby causing the disk to vibrate, repeatable patterns form on the disk. As the pitch is changed, the harmonic pattern formed on the disk also changes. Thus, matter assumes certain shapes or patterns based on the vibrations or frequency of the sound to which it is exposed. The study of patterns and shapes evoked by sound is called cymatics. The forms of snowflakes and faces of flowers may take on their shape because they are responding to some sounds in nature. Likewise, it is possible that crystals, plants, and human beings may be, in some way, music that has taken on visible form"

From the book, Music Physician For Times to Come,  
p. 149, (edited by Don Campbell), by Cathie E. Guzzetta.

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Music breaks down the barriers authorities build, just as those in power use music to retain the status quo. Innovative, clear-sighted people, outside of the mainstream, have played music that eradicated entrenched power. From time immemorial, philosophers have believed in the hidden powers of music.

pg. 32

Before people became musically

sophisticated, their channeled music and the things they sang about were similar. The infinite forms music has taken throughout the ages is indicative of the level of sophistication of the civilization that supports it, as well as the spiritual attunement of the musicians who play and compose it.

pg. 32

All the music ever written has been channeled. The very nature of music is spiritual art, repeatable, uplifting and ever changing. The composers whose works have endured for several centuries were master psychic, or channels, who attuned themselves to the entities who set the stage for future human development.

pg. 41

Primary channels are composers who listen with their heart and inside themselves find a fragment of inspirational music upon which they build a song or an entire symphony. These are times when a song arrives full-blown, without a note requiring any changes by the alert, active channel. This opening into Cosmic Consciousness is the same one very advanced healers and prophets receive information from.

pg. 41

Book - Sound Medicine

Laeh Maggie Garfield

~~~~~  
Music contains a secret power, which can shape the mind of man and alter societies or nations, either in alignments with God and our deepest, real self or away from the supreme influence of our mighty Creator.

If a civilization's music was in the hands of the "evil" or ignorant, the ancients believed, it could lead the civilization only to an inevitable doom. But in the hands of

the illumined, music was a tool of beauty and power, which could lead the way for an entire society into a golden age of peace, prosperity and brotherhood.

Article/Dissertation-The Sound of Silence  
<http://home22.inet.tele.dk/hightower/octave3.htm>

Message #634-

<http://groups.yahoo.com/group/ActivateYourDNA12/message/635>

by Thomas Váczy Hightower


~~~~~  
The Third Attention can be defined as that quality of awareness which demonstrates itself as the purpose of the dreamer. The effect of demonstrating this quality upon the physical plane is what average man calls magic, or a miracle. This purpose which we call magic is triple in nature and manifests as movement, sound and colour. Naturally this triplicity pertains to the dreamer. Upon the physical plane we find that movement corresponds to physical action, sound to thought and colour to emotion. Thus we say that emotion initiates thought which materializes in to action.

It is not possible to say more about intent in this volume, except that magic by it truest possible definition is nothing more than the use of intent through the manipulation of colour, sound and movement, or emotion, thought and action. The only reasons why this has been touched upon here is because it is vital to understand that emotion is the manifestation of the dreamer's intent upon the physical planet.

-Book - Return of the Warriors, pg. 186

by Theune Mares

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They used a great deal of Yogic techniques around the Crystal Skull, which is a whole science of Light (and sound). They used the skull as a storage device or computer, as they would simply put their hand



on it and then transmit their thoughts directly. If you know how to place your hands together correctly using the right frequency, you can extract information directly from the skull into yourself. If you aren't ready for it, the skull or your own mental blocks will prevent it. When you're encoded with the appropriate frequencies (as in surrounding your bio-energetic field with the DNA soundscapes), you can work with objects such as a Crystal Skull, the Cryatsl Ball, or Crystal Pyramid which are coded for specific individuals, frequencies and communication.

Book-Mysteries of the Cyrstal Skulls Revealed pg.182 (Michael channel)

Sandra Bowen/F.R. "Nick' Nocerino/  
Joshua Shapiro